

+1 Routine Instructional Strategy

The +1 routine is from Project Zero, Harvard Graduate School of Education. It is a routine for the identifying important ideas worth remembering.

After reading a text, watching a movie, listening to a lecture, or being presented with new information or ideas in some manner, a group of learners does the following:

Part 1: Recall

In 2-3 minutes and working individually, each learner generates a list of key ideas that they recall from the presentation that they feel are important to hang on to. Learners do this from memory rather than reviewing notes or material.

- Example: identify checks that each branch of government has over the other.

Part 2: Add (+) 1

Learners pass their papers to the right. Taking 1-2 minutes, each student reads through the list in front of them and **adds one** new thing to the list. The addition might be an elaboration (adding a detail), a new point (adding something that was missing), or a connection (adding a relationship between ideas). **Repeat** this process at least two times.

Part 3: Act

Return the papers back to the original owner. Learners read through and review all the additions that have been made on their sheets. At the same time, they may add any ideas they have picked up from reading others' sheets that they thought were worthwhile.

This activity can be used as a warm-up activity or is a great way to wrap up or review learning at the end of a lesson.

Source: *PZ's Thinking Routines Toolbox* | Project Zero. <https://pz.harvard.edu/thinking-routines>.

